



# St. Francis of Assisi Parish

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## 2<sup>nd</sup> Sunday of Lent - February 28, 2021

### READINGS

First Reading: Genesis 22, 1-2, 9-13, 15-18

Second Reading: Romans 8, 31b-35, 37

Gospel: Mark 9, 2-10

### **Reflection:**

#### **Transfigured in Glory**

*Jesus took Peter, James, and John and led them up a high mountain apart by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no fuller on earth could bleach them. Mark 9:2-3*

The many teachings of Jesus were hard for many to accept. His command to love your enemies, to take up your cross and follow Him, to lay down your life for another, and His call to perfection were demanding, to say the least. So as a help for all of us to embrace the challenges of the Gospel, Jesus chose Peter, James and John to receive a small vision of Who He truly is. He showed them a glimpse of His greatness and glory. And that image most certainly stayed with them and helped them every time they were tempted to get discouraged or despair over the holy demands our Lord placed upon them.

Recall that prior to the Transfiguration, Jesus taught His disciples that He would have to suffer and die and that they must also follow in His footsteps. So Jesus revealed to them a taste of His unimaginable glory. The glory and splendor of God is truly unimaginable. There is no way to comprehend His beauty, magnificence and splendor. Even in Heaven when we see Jesus face to face, we will eternally enter deeper and deeper into the incomprehensible mystery of God's glory.

Though we are not privileged to witness the image of His glory as these three Apostles were, their experience of this glory is given to us to ponder so that we will also receive the benefit of their experience. Since the glory and splendor of Christ is not just physical but also essentially a spiritual reality, He can give us a glimpse of His glory also. At times in life, Jesus will give us His consolation and instill within us a clear sense of Who He is. He will reveal to us through prayer a sense of Who He is, especially when we make the radical choice to follow Him without reserve. And though this may not be a daily experience, if you have ever received this gift by faith, then remind yourself of it when things get difficult in life.

Reflect, today, upon Jesus as He is now fully radiating His glory in Heaven. Recall that image whenever you find yourself tempted in life toward despair or doubt, or when you sense that Jesus simply wants too much of you. Remind yourself of Who Jesus truly is. Try to imagine what these Apostles saw and experienced. Allow their experience to become yours also, so that you will be able to daily make the choice to follow our Lord wherever He leads.

*My transfigured Lord, You are truly glorious in a way that is beyond my comprehension. Your glory and splendor are beyond what my imagination can ever comprehend. Help me to always keep the eyes of my heart upon You and to allow*

*the image of Your Transfiguration to strengthen me when I'm tempted to despair. I love You, my Lord, and place all my hope in You. Jesus, I trust in You. (mycatholiclife.com)*

### **Week Day & Weekend Masses**

**\*\*There will be no masses in our church until at least March 2<sup>nd</sup>, 2021\*\***

Father will send an email to the parish list with the Zoom ID and pass code for the week day and weekend masses.

**Father will then give communion outside the church Sunday morning from 10 am to 10:30 am.**

For weekday, if anyone wants to receive Holy Communion, please phone or email to the parish office to confirm with Father.

The procedure is for people to come in their cars, put on a mask, roll down their window, receive Holy Communion in their hand, remove their mask, consume the Eucharist and leave. You can also drop off your weekend envelopes at that time.

For further information/instructions please call Father Luan Vu at the parish office 250 837-2071.

### **Mass Special Intentions:**

- Saturday Feb. 27: 5 pm: For Frank Morrone (Rip) – (Annette Fuoco)
- Sunday Feb. 28: 9 am: For the Parishioners of Revelstoke, Nakusp & Fauquier
- Monday March. 1: 9 am: For Maria Hoi & Maria Sam (Rip) – (Hai Pham)
- Tuesday March 2: 9 am- For Keith Mayall (Rip) – (Alicia Mayall)
- Wednesday March 3: 9 am: Thanksgiving – (Alicia Mayall)
- Thursday March 4: 9 am: For Maria Hoi & Maria Sam (Rip) – (Hai Pham)
- Friday March 5: 9 am: For Dominic & Maria (Rip) – (La Nguyen)
- Saturday March 6: 5: pm: For Thomas Trinh Nguyen (Rip) - (La Nguyen)

**\* To request a Mass for special intentions, please contact Fr. Luan Vu**

**Confessions are heard by appointment. Please contact Father.**

## **ANNOUNCEMENTS**

### **Fast & Abstinence**

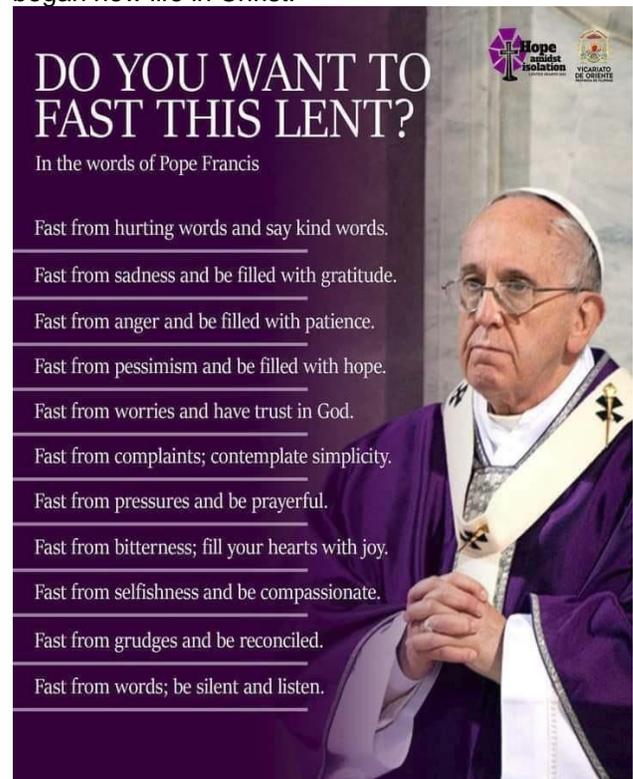
Roman Catholics must fast and abstain from meat on **Ash Wednesday, Wednesday, February 17, 2021** and **Good Friday, April 2, 2021**. In Canada, in accordance with the prescriptions of canon 1253, the Canadian Conference of Catholic Bishops decrees that the days of fast and abstinence in Canada are:

- Ash Wednesday and Good Friday.
- Fridays are days of abstinence, but Catholics can substitute special acts of charity or piety on this day.

The norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards. The sick are not supposed to practice fast and abstinence

Lent is a 40 day season of prayer, fasting, and almsgiving that begins on Ash Wednesday and ends at sundown on Holy Thursday. It's a period of preparation to celebrate the Lord's Resurrection at Easter. During Lent, we seek the Lord in prayer by reading Sacred Scripture; we serve by giving alms; and we practice self-control through fasting. We are called not only to abstain from luxuries during Lent, but to a true inner conversion of heart as we seek to follow Christ's will more faithfully.

We recall the waters of baptism in which we were also baptized into Christ's death, died to sin and evil, and began new life in Christ.



**DO YOU WANT TO FAST THIS LENT?**

In the words of Pope Francis

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and have trust in God.
- Fast from complaints; contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness; fill your hearts with joy.
- Fast from selfishness and be compassionate.
- Fast from grudges and be reconciled.
- Fast from words; be silent and listen.

Logos for 'Hope amidst Isolation' and 'VICARIATO DE CAROLINA' are visible in the top right corner.

### Stations of the Cross

There will be virtual Stations of the Cross every Fridays during Lent at: 7:00 pm. Please join via zoom

**Share Lent, week 2:** Humanitarian intervention - realities from the field Join Rebecca Rathbone, animator for South-West Ontario, Dominique Godbout, international programs officer and Abdullah Fuad, representative of Development and Peace's partner Caritas Bangladesh as they discuss the Rohingya refugee crisis and the way Caritas has been working to alleviate consequences on affected communities, as well as Development and Peace's unique philosophy when it comes to humanitarian responses. Abdullah Fuad is the head of program for the emergency response for the Rohingya refugees based in Cox's Bazar, Bangladesh.

Sign up here (<http://bit.ly/3alsokJ>) to get your Zoom link.

When: Saturday, February 27 at 8:00am (PST) – (1 hour and will be recorded)

**Share Lent, week 3:** Changing structures and encouraging community development through Partnerships Find out how this people-led partnership in Honduras is having a positive long-term impact on community development and advocacy in the country, which is one of the poorest and most dangerous for human rights defenders in Latin America. Join Emily Lukasik, animator for Central Ontario; Mary Durran, international programs officer; and Jose Mario Lopez, member of the territorial defense team of Development and Peace's partner, Fundación Eric - Radio Progreso.

Sign up here (<http://bit.ly/3tDWSgl>) to get your Zoom link.

When: Thursday, March 2 at 4:00pm (PST) – (1 hour and will be recorded).

**CHABC's \$500 Bursary for Graduating Students** This year, the *Catholic Health Association of BC* (CHABC) will award a bursary valued at \$500 to a graduating student who is enrolled in a Catholic secondary school, or who is a member of a BC or Yukon parish and enrolled in a public secondary school, or who is home-schooled. To apply for this bursary, students are asked to submit a 500-word essay that demonstrates an awareness and understanding of the significance of **Spirituality in Health Care**. Applicants are reminded that spiritual health is a much broader concept than religious beliefs which may very well form a large part of an individual's spirituality. Before submitting your essay, please ensure that you read the essay guidelines as many past applicants have missed this nuance and failed to capture the true meaning of spiritual care. Submissions must be received on or before **April 2, 2021**.

For essay and submission guidelines, please visit [www.chabc.bc.ca/bursary](http://www.chabc.bc.ca/bursary)

### Worldwide Marriage Encounter:

The Worldwide Marriage Encounter virtual weekend experience is coming to you on February 26-28, 2021. If you desire to restore communication & rekindle romance, this weekend is for you; no travel required and from the comfort of your own home! Registration deadline Feb. 19. 2021.

For more information: <https://www.youtube.com/watch?v=VvQUEZ35Ufg&feature=youtu.be>

For registration: <https://beholdvancouver.org/events/virtual-worldwide-marriage-encounter-5>

### Pray for our Sick

Please remember to pray for the sick and suffering of our Parish, especially Lorne Zarazun

### E transfers

The Diocese office has set up a new email for those wishing to use e-transfer for donations to our church.

**etransfer.SFAREV@nelsondiocese.org**

This new email address will ensure that the funds donated go directly into our St. Francis of Assisi bank account for use here in our parish.

\*\*Please ensure you have auto deposit set up for your e-transfers

### FUND RAISING IDEA

Do you have items in your home you are no longer using? Perhaps you could post them on the Stoke List or RevySell. When the items sell, donate the money to the church. Some parishioners might need help with posting on the Internet but children and/or grandchildren may be able to assist.

**Safe Environment Coordinator Needed**

The Parish is looking for 1 or 2 individuals to volunteer to be our Safe Environment Coordinators. This commitment does not take up much of your time but is an important requirement of the Diocese. Thank you for your consideration in taking this on. For more information please contact Jean Pedersen.

**Bookkeeper Needed**

The Parish is looking for 1 volunteer who knows about QuickBooks and DDMS (Data Distribution and Management System) to be our bookkeeper. This commitment will take a few hours each week of your time. You can take anytime during a day to come to the office to volunteer here. Thank you for your consideration in taking this on. For more information please contact Jean Pedersen

**Pilgrimage of Faith – 2021**

2021 Pilgrimage of Faith Appeal: *Journeying Together in Faith & Hope*

We have had 3 families donate to Our Pilgrimage of Faith Appeal.

Our goal for 2021 is **\$10,850**

Our total to date is **\$1,500**

Any amount above this will be sent back to the Parish.

If you have any announcements you wish to include in the Bulletin, please contact the Church office by noon on Thursdays. Email: [sanfran@telus.net](mailto:sanfran@telus.net) or call 250 837-2071

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Would you like to become a corporate sponsor?  
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